

The MENTOR decision matrix

Step 1 – Determine NBD range

A total score is obtained by adding the value of the 10 answers. The score will range from 0 to 47. In the vertical axis of the matrix identify the range that corresponds to the patient's score. 0-9, 10-13 or more than 14.

Step 2 – Subjective patient satisfaction

Once you have identified the NBD range that corresponds to the patient's numeric score, identify the subjective patient satisfaction score expressed by the patient in the horizontal axis.

Step 3 – Special attention symptoms

Once you have identified the NBD range and the patient satisfaction level, you must look at the special attention symptoms. If the patient has no special attention symptoms their assessment is finished and the colour should be matched with the outcome description Green (Monitor), Yellow (Discuss) or Red (Act).

If the patients has one or more special attention symptoms, the patient should be moved one grid-square up and one grid-square to the right. This moves the patient into a new outcome category, and the patients assessment should now be matched with the outcome description Green (Monitor), Yellow (Discuss) or Red (Act).



Monitor

This MENTOR score suggests that the patient's bowel management is effective. Treatment change is unlikely to be needed. Routine monitoring is suggested, unless new symptoms develop.

Discuss

This MENTOR score suggests that the patient's bowel management may be ineffective. A discussion should take place, which may or may not result in further investigation or treatment change. If treatment is modified consider monitoring after 1-3 months.

Act

This MENTOR score suggests that the patient's bowel management is ineffective. Further investigation and treatment change is likely needed. When treatment is modified, consider monitoring after 1-3 months.